

## Water Safety

- Parents are the primary lifeguard for their children. Our lifeguards are present for Emergency Response and Safety Enforcement. They monitor the pool by a Red Cross approved scanning technique and are not able to give each child personal attention 100% of the time. Your assistance in watching your own child is greatly appreciated.
- Keep an eye on your child at all times. Remember, kids can drown in seconds and in silence.
  - Only US Coast Guard approved Life Jackets may be used. Air filled or foam toys (such as water wings or noodles) are not designed to keep children safe and are not allowed.
  - All children six (6) years of age and under must have a parent/guardian 18 years of age or older within arm's reach of them anywhere in the facility. Adults will be required to enter the pools with the child. (Each parent and child must wear a wrist band given by Recreation Center staff).
  - No running, diving, horseplay, or loud and unruly conduct.
  - Children ages seven (7) to nine (9) must have a parent or guardian 18 years or older in the pool facility at all times.
  - No repetitive underwater breath holding or hypoxic training allowed.
  - Lifeguards have final say on all rule interpretations and may adapt rules if they feel safety is a concern to any patron.

## Slide Rules

- You must be 48" to ride alone.
- No Lifejackets or Floatation Devices.
- Wait at bottom of stairs until rider exits.
- No running, standing, kneeling, rotating, tumbling, or stopping in the slide.
- Only one person at a time.
- Keep your hands inside the slide.
- No diving from the slide.
- Leave the slide area in the pool promptly
- Warning landing area is 4 feet deep.
- Must go feet first.

## Lap Pool Rules

- Lap pool lanes are restricted for lap swim only as determined by pool management.
- No life jackets allowed Lap Pool.

## Proper Swim Wear

All pool users must wear proper swim wear, no makeshift bathing suits allowed.

- Swim diapers are required under a swim suit for younger children, regular diapers are prohibited in the pool.
- No cut-offs, street clothes, or gym/basketball shorts.
- No undergarments or inappropriate or revealing swim wear please
- Lining in shorts does not qualify as appropriate swimwear.
- Inappropriate attire damages our pumps and chemicals.
- Bathing suits are designed to be quick drying and are generally made from smooth polyester or nylon material.
- They are durable and hold up to wear from contact with pool chemicals.
- When purchasing, please confirm that is specifically made for swimming/swimming pools.

Below are some examples of acceptable swim wear. Please ask our staff if you are unsure.



## Natatorium Pool Temperatures

The **Leisure Pool** temperature varies from 86-88° Fahrenheit (30-32° Celsius) year round. This is the most comfortable temperature for typical water fitness classes and general aquatic programming.

The **Lap Pool** temperature varies from 78-82° Fahrenheit (25-27° Celsius) year round. This is the recommended temperature range for competitive swim team training and adult aerobic lap swimming by USA Swimming.



## Lake Jackson Parks & Recreation Aquatics

91 Lake Road  
Lake Jackson, Texas 77566  
979.297.4533  
[www.lakejackson-tx.gov/parks](http://www.lakejackson-tx.gov/parks)

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**Lake Jackson Parks & Recreation**



## Madge Griffith Outdoor Pool

Monday—Sunday

1:00 pm—6:00 pm

The Madge Griffith Outdoor Pool Summer Schedule

May 25 — August 11 : Open Everyday  
August 17 — September 2 : Open Weekends Only

### AQUATICS

#### Swim Lessons

We offer swim lessons for every age and skill level, from Aqua Tot (parent/child) classes to adult lessons. Lessons are available year-round in groups, private or semi-private.

#### Water Aerobics

Did you know Water Aerobics provides 12 times the resistance as Land Aerobics? Water Aerobics benefits your entire body when done steadily and vigorously. It increases aerobic endurance, improves flexibility and tones the body. Lake Jackson Parks & Recreation offers both Deep Water and Shallow Water Aerobics Classes year-round.

#### Certification Courses

In addition to swim lessons we offer American Red Cross Lifeguard Training, Professional Rescuer CPR & AED training and Water Safety Instructor courses throughout the year.

#### Pool Party Packages

##### Pool Room Party Packages

Natatorium Pool Party Packages include two hours in the Pool Party Room and admission for the number of guest you chose in your package.

1-10 guests \$65/\$100 deposit

1-20 guests \$90/\$100 deposit

1-30 guests \$125/\$100 deposit

Packages offered must include the total number of all guests (adults & children).

##### Madge Griffith Park Outdoor Pool

The Outdoor Pool is available to rent for private parties during the summer months after hours.

1-75 guests \$110/\$100 deposit

1-100 guests \$135/\$100 deposit

1-125 guests \$160/\$100 deposit

For more information on swim lessons, Water Aerobics schedule, certification courses, or pool parties please contact the Lake Jackson Recreation Center 979-297-4533 or on line at [www.lakejackson-tx.gov/parks](http://www.lakejackson-tx.gov/parks).

## Natatorium Schedule

Day	Hours	Lap Pool		
		Lane	Hours	Activity
Monday	5:45 am – 10:00 am Adult Swim 10:00 am—8:30 pm Open Swim	All Lanes	5:45 am – 8:30 pm	Lanes Open/Close
		Lanes 1—4	7:45-11:00 am* 4:30—6:30 pm 6:30-8:30 pm**	TAAF Swim Team USA Swim Team TAAF Swim Team
		Lanes 5—6 Lanes 7—8	All Day 5:00-6:00 pm	Open to Public Deep Water Aerobics
Tuesday	5:45 am – 10:00 am Adult Swim 10:00 am—8:30 pm Open Swim	All Lanes	5:45 am – 8:30 pm	Lanes Open/Close
		Lanes 1—4	7:45-11:00 am* 4:30—6:30 pm 6:30-8:30 pm**	TAAF Swim Team USA Swim Team TAAF Swim Team
		Lanes 5—6 Lanes 7—8	All Day 5:00-6:00 pm	Open to Public Deep Water Aerobics
Wednesday	5:45 am – 10:00 am Adult Swim 10:00 am—8:30 pm Open Swim	All Lanes	5:45 am – 8:30 pm	Lanes Open/Close
		Lanes 1—4	7:45-11:00 am* 4:30—6:30 pm 6:30-8:30 pm**	TAAF Swim Team USA Swim Team TAAF Swim Team
		Lanes 5—8	All Day	Open to Public
Thursday	5:45 am – 10:00 am Adult Swim 10:00—8:30 pm Open Swim	All Lanes	5:45 am – 8:30 pm	Lanes Open/Close
		Lanes 1—4	7:45-11:00 am* 4:30—6:30 pm 6:30-8:30 pm**	TAAF Swim Team USA Swim Team TAAF Swim Team
		Lanes 5—6 Lanes 7—8	All Day 5:00-6:00 pm	Open to Public Deep Water Aerobics
Friday	5:45 am – 8:00 am Adult Swim (closed for cleaning) 12:00 pm—8:30 pm Open Swim	All Lanes	5:45 am – 8:00am	Lanes Open/Close
		All Lanes	8:00am—12:00pm	Closed for Cleaning
		Lanes 1—4	4:30—6:30 pm	USA Swim Team
		Lanes 5—8	All Day	Open to Public
Saturday	8:00 am—5:30 pm Open Swim	All Lanes	8:00am—5:30pm	Lanes Open/Close
		Lanes 1—3	8:30-10:30 am	USA Swim Team
Sunday	1:00 pm—5:30 pm Open Swim	All Lanes	1:00 pm—5:30 pm	Lanes Open/Close

\*TAAF Practices start in May

**Pools and Sauna will be closed all day for TAAF swim meets on:  
Saturdays, June 1, June 8, & June 22**