

# FAMILY DISASTER CHECK LIST

## ESSENTIALS:

- This booklet
- Battery-operated radio
- Flashlight
- Extra Batteries
- First Aid Kit (one for your home and one for each car)

**- Do not include candles. Candles cause more fires after a disaster than anything else.**

## WATER:

- 3 gallons per person, minimum, in a food-grade, plastic container
- Additional water for sanitation

## FOOD:

- Minimum 5-day supply of non-perishable food that requires no refrigeration or preparation and little or no water
- Dry cereal
- Peanut butter
- Canned fruits
- Canned vegetables
- Canned Juice
- Ready-to-eat canned meats
- Ready-to-eat soups (not concentrated)
- Quick energy snacks, graham crackers

## SANITATION:

- Disinfectant
- Household chlorine bleach
- Soap, liquid detergent
- Toilet paper, towelettes, paper towels
- Personal hygiene items
- Cloth towels (at least 3)
- Feminine supplies
- Plastic bucket with tight lid
- Plastic garbage bags, ties (for personal sanitation use)

## CLOTHING & BEDDING:

- Plastic garbage bags, ties
- Sunglasses
- Rain gear
- Sturdy shoes or work boots
- Blankets or sleeping bags
- Complete change of clothing and footwear per person

## TOOLS AND SUPPLIES

- Whistle
- Aluminum Foil
- Crowbar
- Compass
- Paper, Pencil
- Plastic sheeting
- Medicine dropper
- Needles, thread
- Signal Flare
- Matches in a waterproof container
- Assorted nails, wood screws
- Pliers, screwdriver, hammer
- Plastic storage containers
- Heavy cotton or hemp rope
- Cash, traveler's checks, change
- Map of the area
- Non-electric can opener, utility knife
- Cell phone with charger
- Mess kits, or paper cups, plates and plastic utensils
- Tape, duct tape and plumber's tape or strap iron
- Patch kit and can of seal-in-air for tires
- Shut off wrench, to turn off household gas & water

## FOR BABY:

- Formula
- Diapers
- Bottles
- Medication
- Powdered milk
- Baby food

## FOR PETS:

- Food, water
- Non-tippable food and water containers
- Leash, harness, carrier
- Records of vaccinations
- Pet medications

## IMPORTANT DOCUMENTS:

- Important telephone numbers
- Record of bank account numbers
- Family records (birth, marriage, death certificates)
- Inventory of household valuables
- Copy of will, insurance policies, contracts, deeds, stock and bonds
- Records of credit card account numbers and companies
- Copy of passport, social security cards, and immunization records

## FAMILY MEDICAL NEEDS:

- Insulin
- Prescription drugs in original containers
- Heart and high blood pressure needs
- Denture needs
- Extra eye glasses
- Contact lenses and supplies

## ENTERTAINMENT:

- Games & books

## YOU MAY WANT TO INCLUDE:

Family photos, jewelry and select irreplaceable personal items.

### **KEEP A SMALL BAG PACKED INCLUDING A MINIMUM OF THESE ITEMS:**

- Personal sized bottled water (at least one for each family member, don't forget your pets)
- Dry snacks
- One complete change of clothing and footwear per person
- Cash, traveler's checks and/or Credit cards, enough for food gas and lodging.
- Important documents
- Medications with original prescription containers
- Maps (evacuation routes and shelters)
- For Baby: formula, diapers, bottles, medication and powdered milk.
- For Pets: food, leash, harness, carrier, non-tippable food and water containers
- It's a good idea to have some travel games or books for the kids



**Make sure you have your vehicles' oil and fuel levels checked regularly during hurricane season!**